



Connecting
Foster & Kinship
Carers | SA Inc
advocate · support · connect · inform

You're invited to
RECHARGE 2017

Friday 20 October at the Arkaba Hotel

Day session: 10am-2.30pm **OR** Evening session: 6-10pm

We invite foster and kinship carers, support workers, case workers, members and other interested persons involved in the child protection sector to join together for this year's **Recharge** event.

Hear from key note speaker **Nathan Mikaere Wallis**, an international and inspirational speaker from NZ, who will be discussing **therapeutic care**. Nathan is a foster parent and a gifted educator who has built up a reputation as a lively, engaging speaker who is easily understood and can relate day to day experiences as a father and carer.

Learn from **Annie Harvey**, mindfulness trainer and wellbeing consultant, who utilises core principles of mindfulness, positive psychology and laughter yoga to **alleviate compassion fatigue** and provide invaluable self-care tools.

Enjoy ample opportunity to connect with others over a lunch or evening meal

FREE event for CFC-SA Members

*\$25 registered foster & kinship carers

*\$65 general admission

** an invoice will be issued and sent to your nominated email address for payment prior to the event*

Event includes a meal, refreshments, free onsite parking and free crèche facilities. (N.B. crèche available for Day session only – bookings essential.)

To register: visit our [Events page](#) at: www.cfc-sa.org.au/events/2017-10 and choose your preferred session.

Contact CFC-SA on **1800 732 272** or email admin@cfc-sa.org.au for further information

Not a Member? Join CFC-SA and help make our voice stronger, visit:

www.cfc-sa.org.au/join-us/become-a-member



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